

Work Rich Carne

Have a look at and review your groups journal. In particular notice any answers to prayer.

Note: to distinguish between work as an activity and work as worship I have used the following convention throughout the notes:

Work = Worship Work

work = Activity Work

Ask each member of the group to share what they feel their 'work' is at the moment and if this is something they feel God has called them to.

Identity

Average working hours are longer today than ever. At the same time, pressure to increase personal productivity is high. Should we as Christians strive to achieve excellence at work and at what cost?

When dealing with the difficulties of modern work life how can we handle pressure in a Godly way?

Knowing now that work and worship are viewed by God as one and the same thing what changes if any do you need to make when at work to make it **Work**?

Look at the list below and talk about which aspect of the armour you need to put on to help you in your **Work** situation? Try to think about specific situations and how you would apply the armour for each one. I have included the opposites in brackets to help identify areas of issue.

- Belt of truth (falsehood)
- Breastplate of righteousness (sin)
- Sandals of peace (wrath)
- Shield of faith (despair)
- Helmet of salvation (guilt)
- Sword of the spirit (spite)

Perspective

Remind each other about the story of the 3 builders building a cathedral. Are you just mixing cement or are you building the kingdom of God?

Think about an occasion that you have found God's perspective in a situation and share this with the group.

Do you need God's perspective in any aspect of your **Work** at the moment? Think about this and share with the group.

Integrity

Discuss a character from the bible who you feel had integrity. What can we learn from them about having integrity?

How do we maintain our integrity in a work environment that may be full of, amongst other things, gossip, deceit and doubtful ethics? Think about areas of **Work** where your integrity may be at risk and share with the group how you can mitigate against this.

Close by praying over each other for their **Work** and any issues or situations that have come up during the session.